

Creation and the Need for Rest

Genesis 2:1-3

August 15, 2021

Pastor Matt

I. The Biblical Origins of _____.

Isaiah 40:28

Exodus 31:17

Exodus 20:11, 8-10

II. The Observance of Sabbath in the _____ Era.

Mark 2:23-28

Colossians 2:16-17

Romans 14:5

III. Why Christians Should Pursue Rest in Their Lives.

A. Rest replenishes our _____ bodies.

Mark 4:35-38

B. Rest Declares our _____ on
God.

Psalm 127:1-2

Exodus 16:4-5, 22-28

C. Rest allows us to _____ on Christ.

Psalm 92:1-5

D. Our rest reminds us of
the _____ work of Christ.

Hebrews 4:8-10

Matthew 11:28-30